

## Calling on God in Emergencies

- Welcome & Opening Prayer
- Message from the Heart
- Miracle Story – “Miracle on the Hudson”

### What to do when a BIG Challenge, Crisis, or Emergency arises

#### IF THERE IS NO TIME TO SPARE

- Memorize or read out loud the “Prayer of Truth” (Prayer #150 in Miracles in Prayer)
  - Download Robin’s Miracles in Prayer eBook at: [FreePrayerBook.com](http://FreePrayerBook.com)
  - Purchase a copy to carry with you at: [MiracleCenterStore.com](http://MiracleCenterStore.com)
  - Prayer #150 – Prayer of Truth (Excerpt)  
*“There is only God. There is only the power of God. There is only the presence of God. There is no opposing power. Sin, disease, death, and \_\_\_\_\_ are not real and there is nothing to fear. Pain and suffering are never required. In the presence of God, there is only good. In the light of Truth, there is no darkness.”*

#### IF THERE IS TIME TO SPARE

- Ask yourself, “What do I want to come of this? What is it for?”
- Set the GOAL OF PEACE for everyone involved as soon as possible
  - Say, “I wholly dedicate this situation to the Light of Truth, where peace is inevitable.”
  - Say, “My Goal is Peace for everyone involved.”
    - Set your goal of peace at the beginning, if you remember
    - If you forget, then establish your goal of peace as soon as you remember
    - The peace of God includes everyone and it also simplifies your goal
    - Holy Spirit cannot fully intervene and bring correction until your goal aligns with His, otherwise, His Help would be an attack on you
- FORGIVE whomever and whatever you are judging right away
  - Forgiveness is the key to happiness
  - Forgive everyone for everything – Hold NO grievances
- Remind yourself that you are looking at projections and not at reality
  - Say, “I am willing to forgive you \_\_\_\_\_ for what never occurred in Truth. I forgive you. I love you and I bless you. I release you from the story I made-up about you.”
- Ask Holy Spirit to “DECIDE FOR YOU” about everything to ensure a peaceful outcome
  - This includes every detail of your situation and also what you should do, say, where you should go, and when
  - Say, “I will step back and let You lead the way. I will listen to ONLY Your Voice”
  - Let go of your desired outcome
- LISTEN WITHOUT AGENDA
  - Follow what is peaceful and compelling
- REFUSE TO DECIDE AGAINST YOURSELF, anyone else, or against your own positive outcome
  - Stay focused on a PEACEFUL OUTCOME
  - Remind yourself frequently, “There is no order of difficulty in miracles.”

- **BIGGEST PITFALL – Deciding against yourself or others after setting your goal of peace**
  - **Examples of deciding against yourself**
    - Expecting a negative outcome
    - Going back into worry or fear
    - Holding a judgment or grievance
    - Deciding on the outcome you think is best
    - Listening with agenda
    - Trying to solve the problem yourself
    - Thinking that there is no way to have a different result from the past
    - Deciding that the problem is too big or too complex to solve
    - Using your circumstances (in the present) to determine your progress
    - Deciding you are not worthy of a great outcome
    - Thinking that God answers other people but not you
    - Thinking that you are not doing enough to help yourself
    - Thinking that someone else is blocking you or your positive result
    - Allowing “delay” to convince you that it is not working
    - Believing that power is outside of you or in another person
    - Ask yourself if you have any other reasons as to why your healing has not occurred, and then abandon those reasons and surrender them to God
- **Stay focused on a PEACEFUL OUTCOME as Guided and Orchestrated by Holy Spirit**
- **Remind yourself frequently:**
  - My goal is a peaceful outcome for everyone involved
  - My Inner Guide cannot and will not fail.
  - I need do nothing. It is not up to me
  - My part is the WHAT. Holy Spirit’s part is the HOW.
  - I choose to see only light and innocence in myself and everyone
  - Remind yourself that if you make no decisions for yourself, you will have your happy outcome
  - Do not abandon Holy Spirit right before the miracle occurs
  - Stay in Gratitude for the Highest, Happiest & Most Remarkable Outcome
  - Place your future in the Hands of God
  - Consistent practice brings consistent results
- **SUPERGLUE YOURSELF TO THE VISION OF A PEACEFUL and HAPPY OUTCOME**
- **DO NOT ABANDON YOUR HAPPY OUTCOME TEAM!!!**
- **Say in Prayer,**  
“Thank You, God, in advance, for the highest, happiest, and most remarkable outcome. Amen”
- **Repeat to yourself frequently throughout the day, “I AM ENTITLED TO MIRACLES.”**
- **Repeat to yourself frequently throughout the day, “I REST IN GOD.”**
- **Guided Meditation – “Calling on God for Help”**
- **Closing Prayer**

## **Quotes from A Course in Miracles**

### **What should you do?**

“We said before that when a situation has been dedicated wholly to truth, peace is inevitable.” T-19.I.1

### **I will forgive and this will disappear**

This is the lesson God would have you learn: There is a way to look on everything that lets it be to you another step to Him, and to salvation of the world. To all that speaks of terror, answer thus:

*I will forgive, and this will disappear.*

To every apprehension, every care and every form of suffering, repeat these selfsame words. And then you hold the key that opens Heaven's gate, and brings the Love of God the Father down to earth at last, to raise it up to Heaven. God will take this final step Himself. Do not deny the little steps He asks you take to Him.” Lesson 193.13

### **Without His guidance you will decide against your peace**

“Without His guidance you will think you know alone, and will decide against your peace as surely as you decided that salvation lay in you alone. Salvation is of Him to Whom God gave it for you. He has not forgotten it. Forget Him not and He will make every decision for you, for your salvation and the peace of God in you.” T-14.III.14.4-7

### **The first thing to ask yourself is, “What do I want to come of this? What is it for?”**

“In any situation in which you are uncertain, the first thing to consider, very simply, is "What do I want to come of this? What is it for?" The clarification of the goal belongs at the beginning, for it is this which will determine the outcome. In the ego's procedure this is reversed. The situation becomes the determiner of the outcome, which can be anything.” T-17.VI.2

### **Say to Holy Spirit, “Decide for Me” and error of any kind becomes impossible**

“Say to the Holy Spirit only, "Decide for me," and it is done. For His decisions are reflections of what God knows about you, and in this light, error of any kind becomes impossible. Why would you struggle so frantically to anticipate all you cannot know, when all knowledge lies behind every decision the Holy Spirit makes for you?” T-14.III.16

### **Peace abides in every mind that accepts God's Plan**

“Peace abides in every mind that quietly accepts the plan God set for its Atonement, relinquishing its own.” T-14.III.12.4

### **Nothing can prevail against a Son of God who commends his spirit to His Father**

“Nothing can prevail against a Son of God who commends his spirit into the Hands of his Father.” T-3.II.5.

### **Leave room for Him and nothing will prevail against your peace**

“Leave room for Him, and you will find yourself so filled with power that nothing will prevail against your peace. And this will be the test by which you recognize that you have understood.” T-14.XI.15

**“Ask Him very specifically:**

*What would You have me do?  
Where would You have me go?  
What would You have me say, and to whom?*

Give Him full charge of the rest... and let Him tell you what needs to be done by you in His plan for your salvation. He will answer in proportion to your willingness to hear His Voice. Refuse not to hear. The very fact that you are doing the exercises proves that you have some willingness to listen. This is enough to establish your claim to God's answer.” Lesson 71 Excerpts

**Every decision is influencing a constellation larger than anything you ever dreamed of**

“Whenever you choose to make decisions for yourself you are thinking destructively, and the decision will be wrong. It will hurt you because of the concept of decision that led to it. It is not true that you can make decisions by yourself or for yourself alone. No thought of God's Son can be separate or isolated in its effects. Every decision is made for the whole Sonship, directed in and out, and influencing a constellation larger than anything you ever dreamed of. T-14.III.9

**Once you accept His plan, there will be nothing the Holy Spirit will not arrange for you**

“Once you accept His plan as the one function that you would fulfill, there will be nothing else the Holy Spirit will not arrange for you without your effort. He will go before you making straight your path, and leaving in your way no stones to trip on, and no obstacles to bar your way. Nothing you need will be denied you. Not one seeming difficulty but will melt away before you reach it. You need take thought for nothing, careless of everything except the only purpose that you would fulfill. As that was given you, so will its fulfillment be. God's guarantee will hold against all obstacles, for it rests on certainty and not contingency. It rests on *you*.” T-20.IV.8 Excerpts

**How long will it take?**

“Those who are certain of the outcome can afford to wait, and wait without anxiety. Patience is natural to the teacher of God. All he sees is certain outcome, at a time perhaps unknown to him as yet, but not in doubt. The time will be as right as is the answer. And this is true for everything that happens now or in the future.” TM-4.VIII.1

**I am entitled to miracles**

“I am entitled to miracles because I am under no laws but God's. His laws release me from all grievances, and replace them with miracles. And I would accept the miracles in place of the grievances, which are but illusions that hide the miracles beyond. Now I would accept only what the laws of God entitle me to have, that I may use it on behalf of the function He has given me. You might use these suggestions for specific applications of this idea:

*Behind this is a miracle to which I am entitled.  
Let me not hold a grievance against you, [name],  
but offer you the miracle that belongs to you instead.  
Seen truly, this offers me a miracle.”*

Lesson 89 Excerpts

**God is the strength in which I trust**

“If you are trusting in your own strength, you have every reason to be apprehensive, anxious and fearful.”

“God is your safety in every circumstance. His Voice speaks for Him in all situations and in every aspect of all situations, telling you exactly what to do to call upon His strength and His protection. There are no exceptions because God has no exceptions.” Lesson 47 Excerpts

**How to dispel illusions**

“To dispel illusions, withdraw all investment from them and put them out of your mind.”

“Illusions are investments. They will last as long as you value them. Values are relative, but they are powerful because they are mental judgments. The only way to dispel illusions is to withdraw all investment from them, and they will have no life for you because you will have put them out of your mind. While you include them in it, you are giving life to them. Except there is nothing there to receive your gift”. T-7.VII.4

“Hallucinations disappear when they are recognized for what they are. This is the healing and the remedy. Believe them not and they are gone. And all you need to do is recognize that you did this. Once you accept this simple fact and take unto yourself the power you gave them, you are released from them. One thing is sure; hallucinations serve a purpose, and when that purpose is no longer held they disappear.” T-20.VIII.8

**Guided Meditation – “Calling on God for Help”**